



CATCH

Children And Trauma Community Hub

CATCH: Empowering educators, nurturing futures – a free resource for Wokingham schools

Understanding the unique needs of adopted and fostered children

Understanding and supporting children who have experienced adoption, foster care, or early childhood trauma is a complex yet essential task for educators. To address this need, [Parents And Children Together](#) (PACT) has developed CATCH ([Children and Trauma Community Hub](#)), an innovative online platform that serves as a comprehensive resource for teachers, adopters, foster carers, and anyone involved in the lives of these children.

What CATCH offers. .

CATCH is a wealth of expert knowledge and practical guidance, designed to empower educators and caregivers to make a real difference in the lives of children who have experienced care. The platform offers:

- **Expert insights:** Articles, webinars, and e-learning modules created by experienced professionals in child development, trauma, and attachment.
- **Practical strategies:** Evidence-based tools and techniques to address common challenges, such as managing difficult behaviours, building emotional resilience, and promoting academic engagement.

By accessing CATCH, educators and caregivers can achieve the following goals:

1. **Enhanced understanding:** Deepen their knowledge of the impact of trauma and attachment on children's learning and behaviour, gaining insights to inform their practice.
2. **Trauma-aware practices:** Implement effective strategies to create safe, nurturing, and predictable classroom environments that minimize triggers and support emotional regulation.

3. **Improved student well-being:** Foster emotional resilience, self-esteem, and positive social interactions among adopted and fostered children through evidence-based approaches.
4. **Increased academic engagement:** Help children feel safe and secure enough to focus on learning, leading to improved academic outcomes by addressing the underlying emotional and behavioural challenges.
5. **Stronger school-family partnerships:** Collaborate effectively with parents and carers, utilising shared resources and strategies to create a consistent and supportive network for children.

A free resource for your school

Thanks to a generous grant from [Wokingham United Charities](#) all primary and secondary schools in Wokingham Borough can access CATCH for free for one year. This invaluable resource empowers teachers and school staff to create trauma-aware environments where all children can thrive.

Take the next step

Don't miss this opportunity to enhance your understanding and support for children who have experienced care. To see more of what CATCH offer schools [visit here](#). To set up your free access to CATCH or arrange a demo email the team catch@pactcharity.org. Together, we can create a brighter future for children who have experienced adoption, fostering, or early childhood trauma.

I have a little girl waiting for FASD diagnosis, so I watched the webinar and was able to disseminate some information that I learnt to other staff and outside agencies working with her

Education Professional

I have shared Catch with parents and professionals in schools and the teaching staff have found it very helpful learning about approaches to have with the children they teach.

Education Professional

It's been a fantastic source. There are lots of things I've been able to access and use on there from SEN school support to ADHD/FASD/Autism resources

Foster Carer

I'm a SENCo but also an adopted parent so I've found it great with both my roles. I looked at the ADHD webinar with my own child in mind as I was considering whether to go for a diagnosis or not and it has helped me move forward with that decision

Adopter