

Department for Education back to school communications

Senior Mental Health Lead Training, Resources and Toolkit

Please find below promotional lines that have been shared with us by the Department for Education about the senior mental health lead training, resource hub and toolkit.

Claim your senior mental health lead training grant, and join the thousands of schools and colleges that have already benefitted from free DfE quality- assured mental health lead training

Supporting mental health and wellbeing is a key part of the government's mission to break down the barriers to opportunity and provide better life chances for all children and young people and is key to improving attendance and engagement in learning.

DfE-funded [mental health lead training](#) will help you improve your school or college approach to promoting and supporting mental health and wellbeing. A grant to access this training for your school and college mental health leads is available for all state schools and colleges in England.

Around three quarters of schools and colleges have already benefitted from the training, and 89% of attendees said that it enabled them to plan or improve their [whole school or college approach](#) to mental health and wellbeing.

Online and/or face-to-face courses are available to meet the learning needs and preferences of mental health leads. Whatever their level of experience, there is something suitable for everybody, with courses aimed at beginner, intermediate, advanced, or expert levels and tailored to the needs of different types of settings.

Why is the training so important?

Embedding practices that promote and support mental wellbeing is an important part of how schools and colleges can help pupils and learners to attend, enjoy learning, achieve, and thrive. This training is intended to support your setting to develop and embed good practice and is a positive first step on an incremental journey to developing a whole school or college approach to mental health and wellbeing.

The training will help to:

- Identify need, and monitor impact, of mental health/wellbeing support
- Achieve the best possible outcomes from your existing in-school provision
- Develop approaches aligned with your DSL/SENCO's work

- Develop your universal and targeted support offer
- Engage pupils and learners, and develop positive relationships with parents/carers

How do I apply?

If you haven't already done so, click [here](#) to claim a £1,200 grant, and access DfE quality assured training tailored to the needs of your setting.

If you previously claimed a grant and your lead left before fully developing your approach, apply for a 2nd grant [here](#).

Please note: If you have already applied for a grant and booked training, please check that you have completed both parts of your application. Your application through [form 1](#) needs to be followed (once you have selected a suitable course) with evidence of a course booking by submitting [form 2](#). We cannot issue payment until you complete both steps.

Practical resources and toolkit

[A resource hub](#) is available to support your schools and colleges to embed and sustain their whole school/college approach to mental health and wellbeing, and has been updated with new, evidence-based resources for the start of this academic year.

Access a [targeted mental wellbeing support](#) toolkit to help schools and colleges develop and provide effective in-school/college targeted support.

Access a [resource page](#) for teachers, parents and carers to support children and young people experiencing difficulties with mental wellbeing and regular school or college attendance.

Testimonials

Read these [blog](#) posts written by mental health leads in a variety of school and college settings that have undertaken the training.