

Educate to Eradicate Programme

Information Pack

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EDUCATE 2 ERADICATE



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TURNING THE LENS ON DOMESTIC ABUSE

WHO ARE WE?

Kaleidoscopic UK are survivors for survivors.

We are turning the lens on domestic abuse, helping others find their beautiful colours again and creating new patterns out of the shattered pieces.

We believe abuse may change us but it doesn't have to define us, there is life after abuse and with the right support not only can we all survive but we can thrive.



Wokingham Town Mayor's Chosen Charity

At Kaleidoscopic UK we provide multiple in person and online peer support groups (**Sanctuary**) where those subjected to abuse in their present or past can offload, get support from a friendly face who 'gets it' as well as meeting others at different stages along their journey. Sanctuary operates without threshold and is open-ended for as long as needed.

'D' said...
“ There is nowhere else like Kaleidoscopic. I have attended many groups and programmes but they always listen and truly understands and it make me believe in myself. ”

'C' said...
“ I don't know where I would be without them, they helped me realise what was going on without judging and supported me through every step to leaving and since. It keeps me going and not go back. I have met and made so many great friendships. ”

Kaleidoscopic developed our trauma informed, Liberation programme for delivery in 2020. The survivor-led sessions are over 10 weeks which empower and further educate on the cycle of abuse, how to break/keep the cycle broken and liberate all attendees by breaking the trauma bond and exploring their own unique journey to recovery. This has proved very successful, and we now receive many referrals from multi agencies as well as self- referrals.

“ Liberation saved my life and helped me leave my abuser after living it for too many years, my daughter and I are now free and so happy, I know how to keep the cycle broken and often use the exercises when triggered. Thank you K-UK. ”

What can we offer?

3 hour staff training session (could be within INSET day or over 2 twilight sessions)

Assembly session (flexible duration)

Tutor group sessions (flexible duration)

Support for staff

Individual year groups or whole school sessions

Supporting resources

Sessions meet RSE school requirements

NO cost to schools currently for delivery

Adapted to your individual school needs

Referral pathway to our recovery support

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WHY is it needed??

The Domestic Abuse Act 2021 recognize's Children as Victims in their own right!

25% of females aged 13-17 and 18% of boys have experienced at least 1 form of physical violence from an intimate partner

49% of boys and 33% of girls aged 13-14 thought hitting a partner was ok in 1 of 12 scenarios

67% of girls aged 13-18 have experienced at least 1 form of sexual harassment by a peer as do 29% of those aged 11-13

1 in 5 Children are exposed to domestic abuse in England and Wales.

That's 6 children per classroom.



- › Children do not witness it, they experience it, they live it. It becomes normal to them, no matter how hard we try to shield them.
- › The new domestic abuse bill means children will finally be recognised as victims in their own right.
- › C-PTSD is also very likely something you have following child abuse. It is the result of prolonged exposure to repeated trauma over long periods of time.
- › The effects on body and brain can last a lifetime. Trauma informed approaches are essential for recovery.
- › 21 children to date have been murdered after forced contact with abusers in England and Wales.



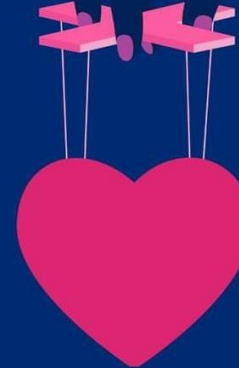
Domestic violence awareness month



CHILDLINE: 0800 1111

kaleidoscopic.uk

#VergeOfHarming



30% of young people completing the survey said they had used harmful behaviours in a relationship

Safe Lives



Duty for Schools/Education settings

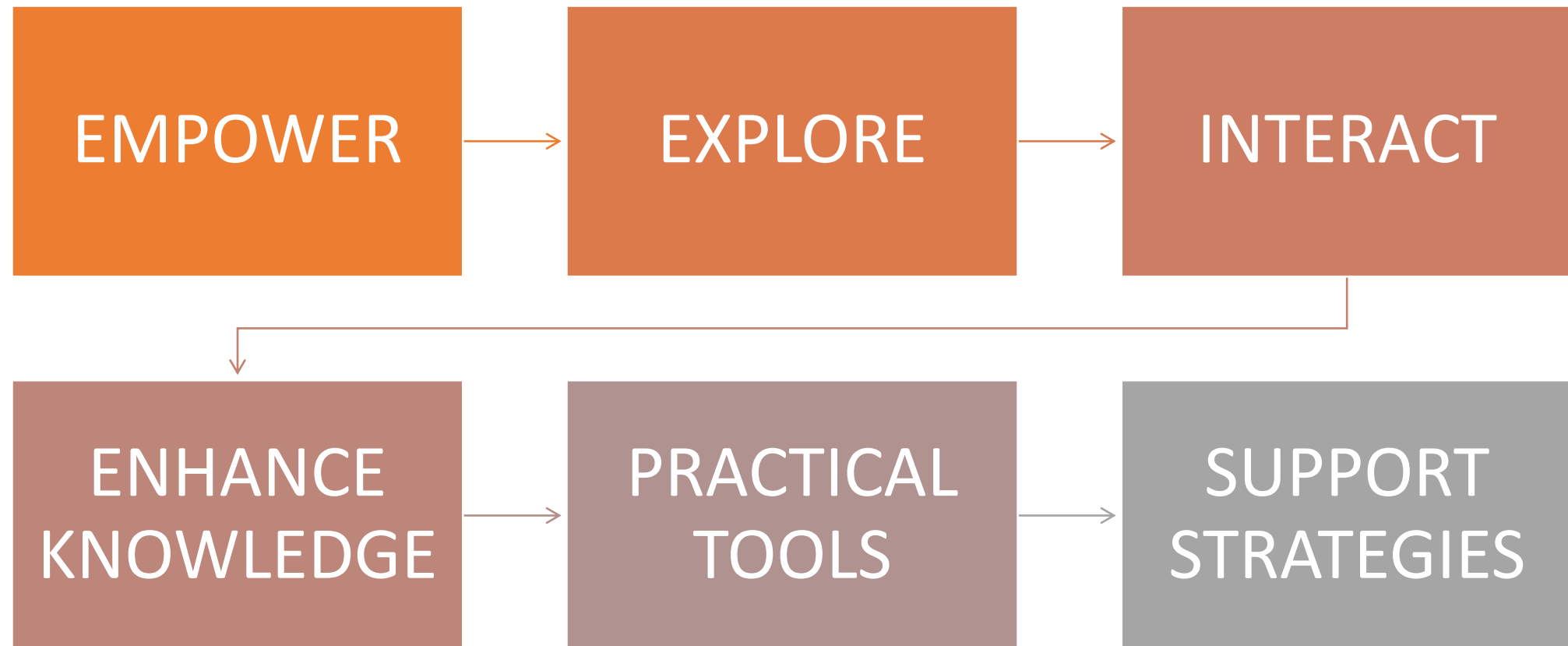
Domestic Abuse Act 2021


“Young people should learn about healthy and unhealthy relationships, focusing on experiences with family and friends both online and offline, considering the positive and negative influences.

They should also learn about ways to help themselves, to help others and to ask for help from trusted adults when needed”



Double Level approach for children and those that support them, 2 courses and double the impact!





What are the aims of E2E?

- To **Empower, Encourage** and further **Educate** in an interactive way that is age appropriate to children and those that support them
- Educating those that support children is essential, including how to use best practise, trauma informed approaches, anti- victim blaming and how to effectively manage disclosures.
- Highlighting processes to follow that benefit all
- We will provide a toolkit to keep, along with resources
- Under the DA ACT 2021 Children are recognised as Victims in their own right for the first time and in turn need the right support and preventative steps
- Developed with many professionals including Independent domestic violence advisors, charities, statutory services and those with lived experience as well as child/teen feedback, making it completely unique.



Developing a sensitive trauma informed approach, response and referral system for your school.
Developing policies and procedures to support staff, colleagues, students and families.

Impacts:



Effects can be traumatizing, long lasting and can have an impact on:

- **Children's understanding of normal or acceptable relationships with others and their ability to form relationships in school or beyond.**
- **A child's emotional wellbeing: increased anxiety, fear and stress levels.**
- **Their ability to learn.**
- **Their view of the family and the broader community and society.**
- **Levels of aggressive and anti-social behaviour, which can persist into adolescence and adulthood.**
- **Family violence is a key safeguarding concern**



What doesn't work well for a victim-survivor?

- Assumptions/Judgements
- Overloading with information
- Putting the onus on the parent survivor
- Not understanding individual/family needs
- Not following through/communication
- Language
- Constant change of lead
- Signing off without ongoing support in place
- Minimising as 'parental conflict'
- Victim blaming
- Unsafe handovers/communications implemented

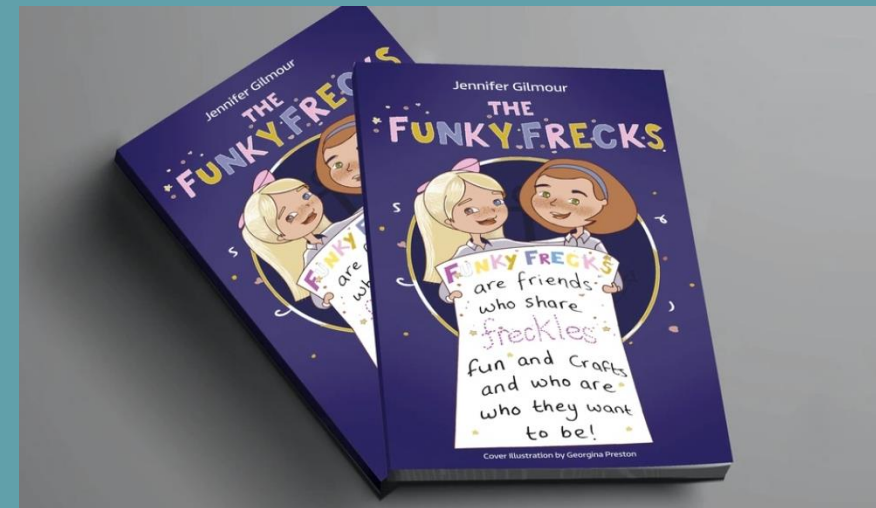
Resources

The 'Funky Frecks' by Jennifer Gilmour will be used as part of our interactive primary school E2E programme alongside our fun games and activities.

'Surviving to Serenity' will be featured in our programme with Senior schools alongside interactive topics and activities, covering all areas of abuse awareness and consent.

We can tailor the content to the needs or requirements of the school

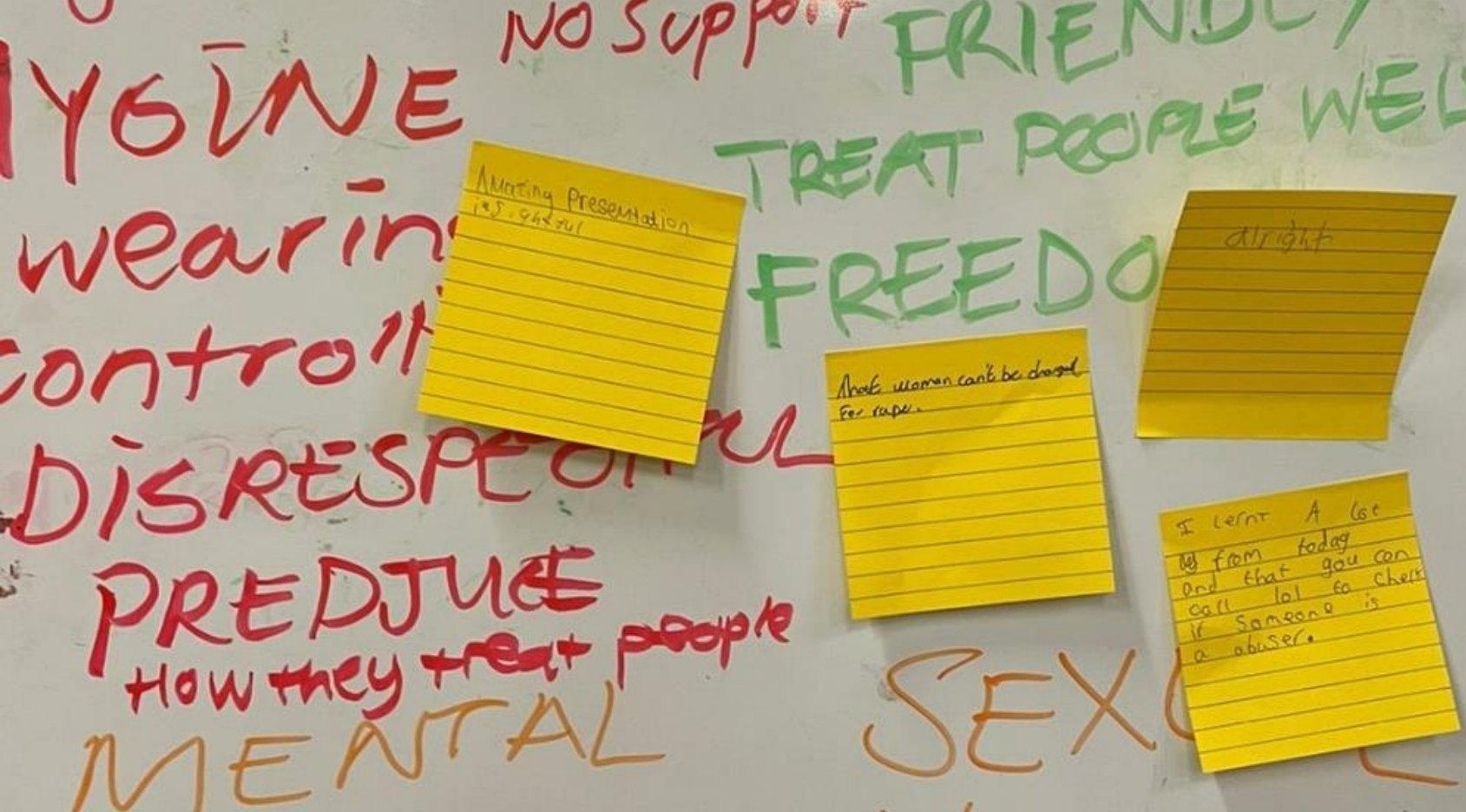
The books will also be part of the included toolkit/resources.





What are the benefits?

- More effective systems and a deeper understanding of trauma impacts, responses plus implementing best practise approaches that are anti victim blaming and inclusive
- Building confidence in staff that support children and the children themselves to feel able to disclose/understand the process
- Prevention is better than cure for all involved and having ongoing education is proven to help
- Developing robust processes, procedures and policies
- Implementing language and helpful strategies to follow, safety procedures and toolkits of available support locally and nationally
- Removing the barriers for children and staff
- Removing the taboo
- Understanding their rights as well as providing useful knowledge/tools



Feedback from Teens

“ I learnt a lot from today and that you can call 101 to check if someone is an abuser”
(Claire’s Law)

“Amazing presentation” “Brilliant” “Insightful” “Very good” “Engaging”





Feedback from Teachers

From our feedback of 94 participants 100% found the training helpful and informative. 100% found the training engaging with 99% saying they would recommend the training to others.

“ All of the activities were helpful and informative. I feel better equipped at recognizing and responding to signs of domestic abuse in children”

“The hard -hitting videos, Lived experience, Discussions, group activities, case studies and the quiz were amazing, great programme, thank you”



Kaleidoscopic UK- Domestic Violence awareness video.

<https://youtu.be/xh1XmLghCws>



Checklist

A checklist on a white sheet of paper with a white marker and a wooden background. The checklist has five items, each with a checked box. A white marker is lying on the paper to the right of the checklist.

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