

# Senior Mental Health Lead Training



Senior mental health lead training equips school and college leaders with evidence-based strategies to promote and support the mental health and resilience of their pupils, learners and staff.

89% of education staff completing the training would recommend it and say they feel equipped to embed an effective approach to promote and support pupil and staff wellbeing.

Don't miss out! [Click here](#) to claim your school or college's £1,200 grant before 31st December 2024 for a course that starts before the end of the Spring term 2025.



Department  
for Education

“There was time to clarify ideas through the support of a dedicated coach and deep dive into our provision and support”

“The training has been hugely helpful in identifying areas where more work is needed over the next year”

“I enjoyed the mix of practical tips, modelling and academic research”



**Find a course that meets your needs and claim your grant for in 3 simple steps:**

**Step 1:**  
**Reserve the grant**

**Step 2:**  
**Choose and book your course**

**Step 3:**  
**Upload evidence of your booking to secure payment**

**c100 DfE quality assured courses to choose from**

**Beginner, intermediate and advanced courses, delivered online or face to face**

**Online tools to help you select the right course for you and your setting**

**All courses will help the mental health lead to develop a whole school or college approach to mental health and wellbeing.**