

## **Therapeutic Thinking Graduated Approach**

| <b>Univers</b><br>Behaviour Cur                        | identity opportunities for teaching and learning linked to real-  |
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| <b>Universal Plu</b><br>Behaviour Poli                 | Monitor and record the impact of policy on progress.  |
| <b>Targeted</b><br>Early Prognosis                     | <ul> <li>Describe the behaviour factually and unemotionally.</li> <li>Gather appropriate and authentic pupil voice.</li> <li>Gather information from parents/carers and staff.</li> <li>Gather information from multi-agency colleagues.</li> <li>Ensure collated information informs planning.</li> <li>Set a review date.</li> <li>Review progress.</li> <li>Implement further analysis and planning.</li> </ul>  |
| <b>Targeted Plus</b><br>Predict, Prevent &<br>Progress | <ul> <li>Update and review all information within Targeted.</li> <li>Consider involvement of multi-agency colleagues.</li> <li>Complete Risk Calculator.</li> <li>Identify protective consequences.</li> <li>Identify educational consequences.</li> <li>Analyse dysregulation and values and beliefs (subconscious and conscious).</li> <li>Complete Anxiety Analysis for relevant variables.</li> <li>Create a Predict, Prevent &amp; Progress plan.</li> <li>Set a review date.</li> <li>Review progress.</li> <li>Implement further analysis and planning.</li> </ul> |
| <b>Specialist</b> Therapeutic Plan                     | <ul> <li>□ Update and review all information within Targeted and Targeted Plus.</li> <li>□ Consider involvement of multi-agency colleagues.</li> <li>□ Complete the Therapeutic Tree for the individual pupil</li> <li>□ Complete a detailed Therapeutic Plan.</li> <li>□ Set a review date.</li> <li>□ Consider group dynamic options.</li> <li>□ Review progress.</li> <li>□ Involve multi-agency colleagues in review and identifying next steps.</li> </ul>   |