**Time of day, days of the week, supporting staff, location, activity, learning style, peers, etc**

Anxiety Analysis

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Anxiety** | **+5** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **+4** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **+3** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **+2** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **+1** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **0** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Dependency** | **-1** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **-2** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **-3** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **-4** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **-5** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Score | **Predict**Staff/Location/Activity/Peer/Time | **Prevent**Adaptations (including protective consequences) | **Progress**Adaptations (including educational consequences) |
| Increased Anxiety | +3-+5 | Unable to cope with:1.
2.
3.
4.
5.
 | What will manage the over-anxiety:1.
2.
3.
4.
5.
 | How will we teach and monitor the management of over-anxiety:1.
2.
3.
4.
5.
 |
| +2 | Vulnerable to being unable to cope with:1.
2.
 | Monitoring needed:1.
2.
3.
 | Adaptation or contingency needed:1.
2.
3.
 |
|  | 0 |  |  |  |
| Increased dependency |  | Vulnerable to being unable to cope without:1.
2.
3.
 | Monitoring needed:1.
2.
3.
 | Adaptation or contingency needed:1.
2.
3.
 |
| -3--5 | Unable to cope without:1.
2.
3.
4.
 | What will manage the over-dependency:1.
2.
3.
4.
 | How will we teach and monitor the reduction of over-dependency:1.
2.
3.
4.
 |

Each individual factor in column 1 should have a linked response in columns 2 and 3.