**Time of day, days of the week, supporting staff, location, activity, learning style, peers, etc**

Anxiety Analysis

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Anxiety** | **+5** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **+4** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **+3** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **+2** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **+1** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | **0** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **Dependency** | **-1** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **-2** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **-3** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **-4** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| **-5** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Score | **Predict**  Staff/Location/Activity/Peer/Time | **Prevent**  Adaptations (including protective consequences) | **Progress**  Adaptations (including educational consequences) |
| Increased Anxiety | +3  -  +5 | Unable to cope with: | What will manage the over-anxiety: | How will we teach and monitor the management of over-anxiety: |
| +2 | Vulnerable to being unable to cope with: | Monitoring needed: | Adaptation or contingency needed: |
|  | 0 |  |  |  |
| Increased dependency |  | Vulnerable to being unable to cope without: | Monitoring needed: | Adaptation or contingency needed: |
| -3  -  -5 | Unable to cope without: | What will manage the over-dependency: | How will we teach and monitor the reduction of over-dependency: |

Each individual factor in column 1 should have a linked response in columns 2 and 3.