Therapeutic Tree

|  |  |
| --- | --- |
| Name |  |
| Supporting Staff |  |
| Date |  |
| Review Date |  |

|  |  |
| --- | --- |
| **Detrimental / difficult / dangerous Behaviours** | **Valued behaviours** |
|  |  |
| **Unhelpful feelings**  **THERAPEUTIC BALANCE** | **Helpful feelings** |
|  |  |
| **Negative experiences** | **Positive experiences** |
|  |  |