

DOMESTIC ABUSE TRAINING PROGRAMME

Available to Book Via MyLearning

Developed in consultation with the Domestic Abuse Partnership Board, Networking Group, Domestic Abuse Coordinator, Senior Managers and in response to workforce learning needs the domestic abuse training programme provides a comprehensive learning and development offer available to Children and Adult Services, Partners, voluntary sector and organisations working with individuals in our local area.

New Events:

- 6th Nov 2025 - An introduction to risk assessment; the DASH (Domestic Abuse Stalking and ‘Honour’ Based Abuse) Risk Identification Checklist and MARAC (Multi Agency Risk Assessment Conference)
- 13th Jan 2026 - Domestic Abuse – Working with Perpetrators
- 15th Jan 2026 - Exploring barriers to recovery from sexual violence or related abuse which can be experienced by those who are autistic / intellectually disabled.
- 27th Jan 2026 - Domestic Abuse and the Care Act (2014)

The latest data from the crime survey for England and Wales (CSEW) indicates that 2.3 million people aged 16 years and over experienced domestic abuse in the year ending March 2024.



Available Sessions

In this section you will find further details of the courses available along with direct course links for each session, all bookings are via our MyLearning booking system:

<https://wokingham.learningpool.com/login/index.php>

If you have any enquiries or require assistance creating your MyLearning account, please email: csclearninganddevelopment@wokingham.gov.uk

Domestic Abuse Awareness 2025-26 9th September 2025 - 9:30am - 12:30pm Virtual

This session explores what domestic abuse is, how to spot the signs and how to approach people that might need help. Looking at the appropriate advice that can be given and basic safety planning as well as where to get specialist help, the prevalence of domestic abuse, types of domestic abuse, physical abuse and its physical and psychological impacts, emotional abuse and its psychological impacts, PTSD, cultural impacts of domestic abuse and diversity.

Target Audience: All WBC Staff, Partners, Members, Voluntary Sector and Organisations.
Course link: [Course: Domestic Abuse Awareness 2025-26](#)

Understanding ‘honour’- based suicides and the criminal law. 10th September 2025 - 9:30am - 12:00pm Virtual

This training will explore the findings from in depth research conducted around honour-based suicides and the criminal law, and recommendations made to address the issues identified. The training will be led by Dr Maz Idriss.

Target audience: Practitioners supporting those affected by domestic and ‘honour’ based abuse

Course Link: [Course: Understanding ‘honour’- based suicides and the criminal law.](#)

**Vicarious Trauma and Overload – Building Resilience for Domestic Abuse
Workplace Ambassadors**

**19th September 2025 - 9:30am - 12:30pm L&D Training Room Face to Face
6th October 2025 - 9:30am - 12:30pm Virtual Event**

This workshop will provide delegates with a comprehensive understanding of how to recognise when they are feeling overwhelmed or overloaded in their job role, learn tools to manage this, and how to support others who may have these feelings. It is for anyone who is supporting Domestic Abuse (DA) Survivors/Victims whether in Voluntary or Community Sector, public and private organisations, local authorities, customer service, police, social services, outreach workers, etc.

Target Audience: This workshop is being provided to WBC Domestic Abuse workplace ambassadors to support them in their role. It will be facilitated by Dr Gillian Burton, Clinical Psychologist.

Course link: [Course: Vicarious Trauma and Overload – Building Resilience for Domestic Abuse Workplace Ambassadors](#)

**Domestic Abuse - Supporting Victims/Survivors 2025-26
8th October 2025 - 9:30am - 12:30pm Virtual**

This session focuses on how best to support people experiencing domestic abuse and sets out how to understand risk, including the SafeLives DASH RIC – Domestic Abuse Stalking and Harassment Risk Identification Checklist. This session will look at what domestic abuse is, types of domestic abuse and the Power and Control Model including Agency responsibility in relation to risk identification, assessment and management.

Target Audience: All Frontline WBC Staff and Partner Organisations working directly with individuals and families impacted by domestic abuse

Course Link: [Course: Domestic Abuse - Supporting Victims/Survivors 2025-26](#)

**DASH Training 2022—2026
8th October 2025 - 9:30am - 4:30pm L&D Training Room Face to Face
25th February 2026 - 9:30am 4:30pm L&D Training Room**

This is a comprehensive course to look at behaviours, indicators, definitions and Domestic Abuse costings. Discussions on coercive control, including use of case studies to support and underpin learning. Honour based violence will be defined and high-risk factors considered with pattern analysis. Looking at the DASH RIC and use effective use of the checklist- linked to understanding the implications linked to risk - how it links to MATAC and MARAC and how to refer.

Target Audience: All WBC ASC & CSC Social Workers

Course Link: [Course: DASH Training 2022- 2026](#)

**Workshop to explore domestic abuse and the co-existence of dementia
14th October 2025 - 10:00am - 11:30am Virtual**

This workshop aims to provide practitioners with skills to respond to challenges where there is the co-existence of dementia and domestic abuse, including risk assessing and safety planning. The session will be research-led, utilising a longitudinal study and practical interventions understanding how older people navigate decision-making in the context of later-life domestic abuse.

Target Audience The session is aimed at practitioner supporting those where domestic abuse and dementia co-exist.

Course Link: [Course: Workshop to explore domestic abuse and the co-existence of dementia.](#)

**Understanding the Additional Challenges and Barriers Faced by Male Victims
and Survivors of Domestic Abuse
16th October 2025 9:30am - 12:30pm Virtual**

This learning event will provide delegates with skills to develop strategies to support male victim-survivors of domestic abuse and their children. The training will be facilitated by Mankind who are run a national helpline for male victims of domestic abuse and those worried about a man who is experiencing domestic abuse, as well as an information, support and signposting service.

Target Audience: All WBC Staff, Partners and Organisations, Members

Course Link: [Course: Understanding the Additional Challenges and Barriers Faced by Male Victims and Survivors of Domestic Abuse](#)

**An introduction to risk assessment; the DASH (Domestic Abuse Stalking and 'Honour'
Based Abuse) Risk Identification Checklist and MARAC
(Multi Agency Risk Assessment Conference)**

6th November 2025 - 9:30am - 1:00pm L&D Training Room Face to Face

This session will provide practitioners with an understanding around risk assessing cases of domestic abuse as introduce the DASH Risk Identification Checklist and MARAC (Multi Agency Risk Assessment Conference) process. Training is suitable for practitioners who may be required to review or complete a DASH risk assessment for a client and provides an introduction to risk assessment and DASH. A full day training course is available for those who require a more detailed understanding.

Target Audience: WBC Housing colleagues, ASC and CSC practitioners

Course link: [Course: An introduction to risk assessment; the DASH \(Domestic Abuse Stalking and 'Honour' Based Abuse\) Risk Identification Checklist and MARAC \(Multi Agency Risk Assessment Conference\). 2024-2026](#)

How Domestic Abuse Impacts Children and Young People
13th November 2025 - 9:30am - 12:30pm Virtual

A session understanding the impacts and effects domestic abuse has on young people. Understanding post separation abuse and conflict over child contact. The course also covers attachment styles and the DA tools such as the domestic abuse learning scale.

Target Audience: All frontline practitioners working with Children & Young People experiencing Domestic Abuse.

Course Link: [Course: How Domestic Abuse Impacts Children and Young People](#)

DASH reflective session
18th November 2025 - 10:00am - 12:00pm - Virtual

A 2-hour virtual reflective practice session to support active cases in the DASH field. For those attending please bring cases they wanted to share, concerns, barriers, positives and changes in practice etc. There will be allow up to 30 minutes afterwards should there be anyone who wants to speak outside the group session.

Please note - you need to have attended the full Dash training session prior to attending this session

Target Audience: All WBC ASC & CSC Social Workers

Course Link: [Course: DASH reflective session](#)

Domestic Abuse and Suicide Prevention Learning Event
26th November 2025 - 9:30am – 12:30pm Face to Face

This learning event will bring together practitioners to discuss the importance of suicide prevention where there is domestic abuse. It follows learning from recent Domestic Homicide Reviews (DHRs) and national data which shows that suicide is overtaking homicides as the leading cause of death in domestic abuse cases in the UK.

We will hear from Tim Woodhouse about his research and recommendations, raising awareness, sharing learning and strengthening our local multi-agency response to suicide prevention through a domestic abuse lens. The learning event will be interactive and discussions will inform a report as to next steps for responding to recommendations from the research and local domestic abuse related death reviews.

Target Audience: The event is aimed at multi-agency practitioners who are supporting those affected by domestic abuse and / or mental health issues.

Course Link: [Course: Domestic Abuse and Suicide Prevention Learning Event](#)

Domestic Abuse – Working with Perpetrators 2025-26
13th January 2026 - 9:30am - 12:30pm Virtual

A session focused on how best to support people experiencing domestic abuse. This session sets out how to understand risk, including the SafeLives DASH RIC – Domestic Abuse Stalking and Harassment Risk Identification Checklist.

Looking at what the perpetrators understanding of domestic abuse is, how to address the issue with perpetrators and how to work with abusers around this issue. Exploring why we risk assess the perpetrator and what the risks means. Recognising indicators of domestic abuse when speaking to possible perpetrators and making the correct referrals locally and nationally.

Target Audience: All WBC Staff, Partners, Members, Voluntary Sector and Organisations

Course Link : [Course: Domestic Abuse – Working with Perpetrators 2025-26](#)

Exploring barriers to recovery from sexual violence or related abuse which can be experienced by those who are autistic / intellectually disabled
15th January 2026 - 9:30am - 12:30pm Virtual

The session aims to equip practitioners to better support individuals who are autistic / intellectually disabled where they are affected by sexual violence and / or domestic or other related abuse. It builds on identification of appropriate communication means and coping strategies to support victim-survivors. The training is delivered by Dr Susy Ridout, Founder of Lotus Collaborations who are dedicated to ensuring that autistic survivors of sexual violence are believed and supported throughout their recovery journey.

Target Audience: WBC staff, Partners, Foster Carers, Education, Members, Voluntary sector and Organisation's working to support individuals in our LA area.

Course Link: [Course: Exploring barriers to recovery from sexual violence or related abuse which can be experienced by those who are autistic / intellectually disabled.](#)

Domestic Abuse and the Care Act (2014)
27th January 2026 - 9:30am - 12:30pm Virtual

This 3 hour course is designed to enhance a delegate's understanding of how care and support needs influence an individual's experience of domestic abuse. Delegates will gain comprehensive knowledge of what constitutes 'care and support needs' and delve into the Care Act and the legal framework surrounding Adult Safeguarding. The course will equip them with the skills to identify when to make a referral or initiate a section 42 enquiry and provide information on various sources of support available. – Delivered by Rebecca Berry, Head of Safeguarding and Quality Assurance, Adult Safeguarding, DOLS and Care Quality.

Target audience: Social Workers, Domestic Abuse Partners

Course Link: [Course: Domestic Abuse and the Care Act \(2014\)](#)