



Training 'Contract'

Training Name

Nurture Assistant Programme

Key People

- Wokingham Educational Psychology Service
- School/Setting
- Nurture Assistant

COMMITMENT FROM WOKINGHAM EDUCATIONAL PSYCHOLOGY SERVICE

- The Educational Psychology Service will deliver 6 days of training, based on a well-researched and evidence-based model.
- The topics and dates of training are as follows:

Date	Session
Wednesday 14th January 2026	Introduction to the Nurture Assistant role, emotional literacy and self-esteem
Wednesday 28th January 2026	Solution-focused approaches and facilitating conversations with children
Wednesday 11th February 2026	Emotional regulation, anxiety and self-harm
Wednesday 4th March 2026	Autism and gender identity
Wednesday 11th March 2026	Bereavement, separation and loss, Emotionally Based School Avoidance (EBSA)
Wednesday 25th March 2026	Social communication and line manager session

- Training places cost £350 for all six days.
- On completion of the training, the Educational Psychology Service will provide ongoing support through termly group supervision lasting 90 minutes, three times a year.
- Attendance at supervision enables Nurture Assistants to continue to develop their skills and competence, share good practice and seek peer support.
- Supervision is currently free of charge for trained nurture assistants

As facilitators of the Nurture Assistant programme, we agree to provide sufficient training for Nurture Assistants and continued support in their role as outlined above.

Name	Dr Soraya Khanna	Name	Dr Helena Wood	Overseen by Elaine Munro (PEP)
Signed	<i>Skhanna</i>	Signed	<i>Hswood</i>	
Date	25.09.25	Date	25.09.25	



COMMITMENT FROM THE SCHOOL/SETTING

- The school/setting will release the Nurture Assistant for the entire training course, and termly supervision thereafter. Line managers are expected to attend the final day of Nurture Assistant training.
- On completion of the course, it is expected that the Nurture Assistant is allocated sufficient time and resources to use their skills and knowledge to support children with social, emotional and mental health needs in their school/setting.
- Nurture Assistants should be allocated a member of staff (usually a SENDCo) to act as their line manager. The line manager should ensure that Nurture Assistants are given sufficient support in managing a realistic workload and helping them to set realistic achievable aims.
- Nurture Assistants will have access to a suitable confidential space in which to work with pupils, as well as adequate time for preparation and administration
- In addition to supervision from the Educational Psychology Service, it is advised that Nurture Assistants should receive at least the equivalent of a 2-hour supervision session with their line manager each half term.

LINE MANAGEMENT SUPERVISION SHOULD INCLUDE SUPPORT WITH:

- Communicating with wider staff regarding the purpose and nature of the Nurture Assistant role, setting up and overseeing a system for staff to make referrals to the Nurture Assistant.
- Ensuring any work undertaken falls within the areas covered within their training.
- Prioritising workload and ensuring this is manageable
- Confidential discussion of issues or concerns arising out of their work.
- Supporting with identification of intervention aims, target setting, session planning and evaluation.
- Working with parents regarding their interventions, in line with the school policy

As a school we wish to participate in Nurture Assistant training and agree to the terms outlined above.

Name of School	
Name/Role of Line Manager	
Line Manager Email Address	
Date	
Signed	



COMMITMENT FROM THE NURTURE ASSISTANT

- Attendance at all six in-person training days.
- Once trained, effort will be made by Nurture Assistants to ensure ongoing engagement with supervision sessions.
- Nurture Assistants will understand and follow their setting safeguarding policy in relation to their role as a nurture assistant
- Nurture Assistants will plan and deliver targeted programmes of support to individuals and/or groups.
- Nurture Assistants will evaluate their interventions and report their impact measures to their line manager.
- Nurture Assistants are responsible for informing the Education Partnerships Inbox of any changes to their contact details, or their line managers and their contact details.
- Nurture Assistants will abide to the working together agreement during the course, and during Nurture Assistant supervision sessions.

As a trainee Nurture Assistant, I am committed to attending all six in-person training sessions and engaging with supervision. I agree to fulfil the role of a Nurture Assistant in my school once training has concluded.

Name of Nurture Assistant	
Nurture Assistant Email Address	
Date	
Signed	

Thank you for reading through and signing this 'contract'.