Safeguarding Updates

Information	Link
Child abuse	Read the news story: Two thirds of UK
Source: NSPCC	adults believe the risk of children being
Date published: 05 December 2025	abused increases over Christmas
The NSPCC has published a news story highlighting the risks that some	
children face at home during the Christmas holidays and how Childline can	
help. The news story explores findings from a YouGov survey analysing UK	
adults' perceptions of the risks children could face at Christmas. Findings	
show one in eight adults have had concerns for the safety of a child they	
know over the festive period and two thirds believe children face an	
increased risk of abuse during the holidays. Concerns identified about	
abuse during this period included: financial pressures at home; substance	
misuse at home; and food insecurity.	
Child neglect	Read the news story: Neighbours report
Source: NSPCC	thousands of child neglect cases to the
Date published: 10 December 2025	NSPCC Helpline, revealing crisis behind
	<u>closed doors</u>
The NSPCC has published a news story on contacts to its Helpline by	
neighbours concerned about child neglect. New figures show in the year	
ending March 2025, the NSPCC Helpline handled 4,515 contacts from	
community members and neighbours about child neglect, a 32% increase	
on the previous year. The data also shows that 49% of these contacts required a referral to local safeguarding agencies. The NSPCC is calling on	
the government to ensure robust local support is in place to support	
children and families where neglect is a concern.	
Child protection	Read the statement: Child protection
Source: DfE	Find out more: Establishing the Child
Date published: 11 December 2025	Protection Authority in England
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in the assessments; and children assessed as having been affected by CSE had one of the highest re-referral rates while children assessed as having been affected by CSA had one of the lowest re-referral rates. The analysis also highlights considerable local and regional variation in the recording of CSA and CSE assessment factors, likely to be driven by differences in local authority recording and practice.

Youth support Source: DCMS

Date published: 10 December 2025

The Department for Culture, Media and Sport (DCMS) has launched a National Youth Strategy to tackle challenges faced by young people in England. Co-produced with over 14,000 young people, the strategy aims to centre their voices and priorities over the next decade. The government's work will include: ensuring young people have access to trusted adults; helping young people develop positive social connections in schools and colleges, in their communities, and online; and involving young people in decisions that affect them. A State of the Nation report has been published alongside the strategy exploring the experiences of children and young people over the age of 10. Drawing on primary and secondary research, the report highlights key priorities for children and young people including: community, collection and belonging; physical, mental and digital wellbeing; and safety and security.

Read the press release: Government unveils ambitious plan to tackle youth isolation crisis and deliver real life opportunities

Access the strategy: Youth Matters: Your

National Youth Strategy

Read the report: Youth Matters: State of

the Nation

Children and violence

Source: Youth Endowment Fund **Date published:** 09 December 2025

The Youth Endowment Fund (YEF) has published the next report from its annual Children, violence and vulnerability research. The report focuses on mental health and experiences of violence and draws on a survey of nearly 11,000 13- to 17-year-olds in England and Wales. Findings show: teenage children affected by serious violence face a higher risk of mental health problems with over a quarter of research participants reporting high or very high levels of mental health difficulties; most teenage children experiencing violence and mental health issues said they aren't receiving treatment; and more than half (53%) of the adolescents in the study said they have used at least one form of online mental health support and a quarter have turned to AI chatbots for help.

Read the report: Mental health and experiences of violence

See also on NSPCC Learning

> Child mental health: recognising and responding to concerns

Bullying

Source: King's College London **Date published**: 09 December 2025

King's College London has published new research examining links between cyberbullying and mental health conditions in adolescents in the UK. Based on longitudinal data, the study looked at the mental health of 2,066 British 18-year-olds and their experiences of cyberbullying and offline forms of victimisation between the ages of 12 and 18. One in five adolescents reported being "moderately" or "severely" cyberbullied and findings show that they were more likely to have mental health conditions at age 18 compared with those not cyberbullied. However, it was only in anxiety disorder that the evidence suggests a potential direct causal link. The research highlights how cyberbullying usually occurs alongside other offline harms in young people's lives and calls for policymakers to consider both online and offline challenges when addressing young people's mental health.

Read the news story: <u>Debates about</u> <u>bullying need to look beyond online</u> <u>safety say researchers</u>

Read the study: Cybervictimisation and mental health conditions in young people: findings from a nationally representative longitudinal cohort

See also on NSPCC Learning

> Protecting children from bullying and cyberbullying

Child poverty	Read the report: Child Poverty Strategy
Source: Welsh Government	for Wales: progress report 2025
Date published: 02 December 2025	
The Welsh Government has published a progress report summarising its work to tackle child poverty through the objectives set out in the Child Poverty Strategy for Wales in 2024. The Government highlights its work around: prioritising income maximisation and reducing food costs; delivering targeted support to families in the early years; supporting children in poverty with mental health and well-being needs and building cohesive communities; and giving children and young people a voice.	
Preventing suicide in young people & children	Find out more: Healthcare Conferences
	<u>UK</u>
This conference, organised by Healthcare Conferences UK, takes place on	
16 April 2026 online.	