

CPD: Raising standards for children and families

Free online courses for professionals

Advance your knowledge in
trauma, attachment and
brain development.

togetherness.co.uk



Togetherness is an NHS team offering evidence-based learning focused on specialist areas of psychology

Advanced training courses

Understanding trauma:

Complexities of trauma; recognising, processing and recovery

Understanding brain development:

brain development from antenatal to adolescence and its significance for mental health and emotional wellbeing in children and teenagers

Understanding attachment:

Supporting healthy attachment and the value of containment and reciprocity for the quality of attachment

Each course will take approximately 3.75 hours to complete.

Professionals working in **WOKINGHAM**,
READING and **WEST BERKSHIRE**

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